



## Concierge 24/7 Medicine

Our Concierge 24/7 practice offers patients an exceptional primary care relationship and personalized attention, building on the in-depth understanding of health from your annual physical at Northwestern Medicine Executive Health. We practice evidence-based medicine, aligning our clinical expertise with patient values.

As a concierge patient, you have the convenience of unlimited direct phone, secure email and NM MyChart access to your Executive Health physician, with same day or next business day appointments. For more serious or chronic issues, your physician will thoroughly discuss your concerns, identify treatment options and help you navigate care from Northwestern Medicine specialists. We will assist in scheduling specialist and testing appointments to develop a complete picture of your medical situation.

Our patients value the opportunity to extend the relationship they develop with their Northwestern Medicine Executive Health physician to ongoing, immediate access for trusted and compassionate care.

**To make an appointment or for more information, call 312.926.1300 or visit us online at [executivehealth.nm.org](http://executivehealth.nm.org).**

**Northwestern Medicine Executive Health**  
259 East Erie, Suite 2100, Chicago, Illinois 60611  
312.926.1300

[executivehealth.nm.org](http://executivehealth.nm.org)

## Concierge 24/7 Medicine (continued)

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### Concierge medicine

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Annual Executive Physical\*

Direct 24/7 access to your Executive Health physician

Same day or next business day appointments at the Northwestern Medicine Executive Health office

Complimentary telephone, secure email and NM MyChart consultations with your internist

Specialist appointment scheduling

Coordination of care for diagnosis and treatment from multiple providers within Northwestern Medicine

Treatment research

Referrals to top specialists including your spouse/partner, dependent children and parents

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### Wellness services

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Two resting metabolic rate tests per year to determine your daily caloric expenditure (one with the Executive Physical and one interim assessment)

Two BodPod® body composition tests per year (one with the Executive Physical and one interim assessment)

Two exercise physiologist consultations including exercise concerns, strategies to build exercise into work, travel and more

Two registered dietitian consultations including strategies to improve nutrition, healthy menu approaches to support an executive lifestyle, and more

Unlimited phone, secure email and NM MyChart support the year following the Executive Physical with registered dietitian and exercise physiologist

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### Amenities

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Complimentary, on-site parking at 259 East Erie Street parking structure for visits to the Executive Health office

Member newsletters and events

Executive lounge

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\*Annual concierge membership does not include fees for medical services received outside of your Executive Physical such as office visits, labs, diagnostic studies or physician consultations. These fees will be billed to your health insurance as they would for any physician office visit. All standard cancellation policies apply. Membership fee is nonrefundable and services are good only for the calendar year purchased.