

NORTHWESTERN EXECUTIVE HEALTH



# EXECUTIVE HEALTHCARE *at its best*

Northwestern Executive Health was founded to serve successful, busy people who desire exceptional, personalized attention and care. Our single-day executive physical and on-demand Concierge 24/7 service provide medical access to fit conveniently into each person's demanding schedule. We screen for early signs of any serious disease and identify ways to decrease the risk of future illness. We also provide the tools, education and long-term coaching support to help each individual achieve, sustain and enjoy their best health.

## *Our TEAM*

We have brought together the finest internists, specialists and wellness professionals at Northwestern Memorial to cater to you. We use the most advanced technologies and offer a healthcare experience that is truly second to none.

## *Our SERVICES*

### EXECUTIVE PHYSICAL

Our executive physical is completed in one day and is coordinated by an internal medicine physician. During the exam, our team will thoroughly evaluate the client's current state of health, and at the end of the day, they will leave with the results of all diagnostic tests and assessments. As the primary focus of all of our programs is wellness and disease prevention, the client will also go home with a strategic plan for risk reduction and health improvement. If the client requires additional testing or visits with specialists, they can rest easy knowing they have access to virtually every medical specialty and advanced technology on the day of the examination.

*Highlights of the executive physical include:*

- Pre-appointment phone consultation with a Northwestern Executive Health internist to identify each individual's healthcare needs and goals
- Full-day/customized, all-inclusive annual examination that addresses all health concerns
- Same-day test results and wrap-up with an internist
- Assessment of fitness and nutritional status, evaluation of lifestyle behaviors, and personal goal setting
- Action Plan with medical and wellness recommendations
- Twelve months of follow-up coaching on nutrition and fitness tailored to each individual



CONCIERGE 24/7 For individuals interested in a personalized experience, we offer Concierge 24/7. Concierge 24/7 is designed to expedite access to Northwestern Executive Health primary care physicians, facilitate appointments with top specialists, eliminate long wait times and coordinate care. Members can be assured that their healthcare issues will be addressed efficiently and effectively no matter where or when they occur. As Concierge 24/7 members, individuals will be able to take advantage of the following premium services:

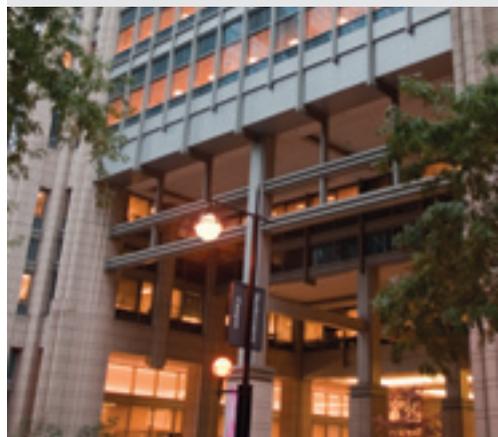
- Guaranteed same day or next day appointments on weekdays with your internist or designated internist on-call
- Unlimited telephone, pager and email access to your personal internist or designated internist on call
- Assistance with scheduling and coordinating appointments for diagnostic studies and medical follow-up

## *Our* CONTACT

Northwestern Executive Health is open to individuals and corporations. Please call us to discuss our offerings and tailor a program for you or your company.

## NORTHWESTERN EXECUTIVE HEALTH

676 N. Saint Clair St.  
Suite 2200  
Chicago, IL 60611  
312.926.1300  
[northwesternexecutivehealth.com](http://northwesternexecutivehealth.com)



Para asistencia en español, por favor llamar al Departamento de Representantes para Pacientes al 312-926-3627.

Northwestern Memorial is committed to representing the communities we serve, fostering a culture of inclusion, delivering culturally competent care and access to treatment and programs in a non-discriminatory manner, and eliminating healthcare disparities. For questions, please call the Patient Representative department at 312-926-3112, TDD/TTY number 312-944-2358.

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For more information about Northwestern Memorial Physicians Group, please visit [nmpg.com](http://nmpg.com).